

NSPCC

35 Club

21 June 2021 – 31 March 2022



Run for 35 minutes



Sponsored 35 minute silence



Do 35 star jumps



Bounce 35 times



Cycle 35km or for 35 minutes

What's your 100?

Get together with friends, family or colleagues and take on a challenge to support the NSPCC to celebrate 35 years of our Childline service



Climb the stairs 35 times



Hike 35 km



Read 35 pages



Sing 35 karaoke songs



Bake 35 cakes



Swim 35 lengths



Run a quiz with 35 questions



Catch the ball 35 times



Paint 35 pictures

To get involved, simply choose your 35 challenge! To fundraise, create a team among colleagues or donate on



<https://www.justgiving.com/campaign/Childline35Club>

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